Critical Updates and Applications in Functional Medicine
San Juan, Puerto Rico | September 14—16, 2017

DESTINATION DETAILS & PROGRAM GUIDE
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THE CONDADO PLAZA RESORT

Hotel Room Rates: Starting at $169/night + Taxes and Resort Fees

Need the perfect room for your whole family?

Take in views of Puerto Rico and the ocean. Enjoy the comforts of the Hilton with Caribbean charm.

Perched at the edge of the Condado, tucked between Condado Lagoon and the Atlantic Ocean, The Condado Plaza Hilton offers a range of guest room and suite accommodations in San Juan, Puerto Rico, complete with every comfort imaginable.

Wi-Fi, flatscreens and in-room movies, ergonomic chairs with workstations to match. Deluxe bath amenities and mini-fridges for snack and ice-cold beverages.

Best of all, floor-to-ceiling windows and private balconies never let you forget exactly why you’re here.

Check In: 4:00pm
Check Out 12:00pm

HOTEL CANCELLATION POLICY: All hotel reservations require a one night deposit to be collected approximately 45 days prior to the start of the conference. All cancellations requested prior to August 15, 2017 will receive a refund for the one night deposit. Cancellations after this date are nonrefundable. A Meeting By Design strongly recommends the purchase of Travel Guard International Travel Insurance

<table>
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<tr>
<th>Room Description</th>
<th>Total (including taxes and resort fees)</th>
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<td>1 King or 2 Queen</td>
<td>$184.77/night</td>
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Explore the Magnificent Ocean View Hotel

Whether you’re visiting Puerto Rico to experience the beautiful beaches and glitzy lifestyle of Condado, wander the charming cobblestone avenues of historic Old San Juan or have your every need taken care of at a chic oceanfront retreat, The Condado Plaza Hilton stands alone as one of the top places to stay in San Juan, Puerto Rico.

What makes us special? Our distinctive urban resort ambiance provides guests with the best of both worlds. If you’re here to explore, our convenient setting at the edge of Condado provides effortless access to San Juan’s diverse attractions and nightlife, some just steps away. If you’re here to escape, you will find everything necessary for a care-free resort vacation without ever leaving the grounds.

As our guest you will enjoy a host of exclusives. No other Puerto Rico hotel offers uninterrupted views of the Atlantic Ocean and Condado Lagoon. The island’s only saltwater pool offers clean, cool, chlorine-free soaks, and our Pikayo Restaurant is the lone hotel restaurant showcasing the cuisine of renowned Puerto Rican Chef Wilo Benet.

It’s the unique blend of style, service and surroundings that will set your Puerto Rico vacation apart. And it’s only at The Condado Plaza Hilton.
TRAVELING ON A BUDGET

THE TRAVEL STATIONS
Our Clients Are Already There!
1.800.522.TRIP

Book your car rental, find driving directions and more. Want your airline schedule delivered to your smart phone for check-in?
No problem!

Contact Beth Kuebler at The Travel Station 800-522-8747 (Monday-Friday 8am-5pm MST) or email bkuebler@cooktravelstation.com

Rental Cars
Public transportation is limited in Puerto Rico. To really experience all that San Juan offers, we recommend you rent a car. Reserve your rental vehicles in advance because quantities can be limited on the island.

For the best deals, contact the preferred travel agents for ACAM, The Travel Station at 800-522-8747.

International Airports
» Luis Munoz Marin International Airport (SJU) in Carolina/San Juan metro area (main airport)

» Borinquen Airport (BQN) in Aguadilla (regional, Western side of the island)

» Mercedita Airport (PSE) in Ponce (regional, Southern side of the island)

» Vieques Airport (VQS) in Vieques (regional, on Vieques Island)

Travel Made Easy
Puerto Rico is incredible! And how amazing is it that you and your family get to enjoy San Juan together!? Here are some tips to help you save some $$ once you land!

STEP 1: Get a rental car
Reserving a rental car is priority # One! If you want to explore the island, you’ll need one! Call The Travel Station for help securing a rental car at 800-522-8747.

STEP 2: Grocery Stop
Before you make it all the way to the hotel from the airport, be sure to stock up on snacks and groceries (and even some plastic baggies for toting around those snacks in)!

You’ll find Wal-Mart and other Puerto Rican markets just outside before arriving at the Resort. Be sure to buy plenty of bottled water here too if you forgot your water bottle.

STEP 3: Know the area
If you want to get away from the Resort, area shopping and tourist attractions are only a walk away.
FAMILY FUN AT THE RESORT

Things to Do

Known as “The Island of Enchantment,” Puerto Rico is a place of breathtaking beauty and bounty. No matter what part of the Island you are on, you will find plenty of things to do during the stay to keep you busy – or better yet, help you unwind: Beautiful oceanfront resorts, mountainside haciendas, scenic golf courses, over 500-year old historic attractions, colorful cosmopolitan cities, and dozens of natural wonders including bioluminescent bays, cave systems, and the world-famous El Yunque Rainforest.

Out & About

San Juan Museum of Art & History
Museum displaying Puerto Rican art through the ages plus historic artifacts in old marketplace.

San Juan Cathedral
The Catedral Metropolitana Basílica de San Juan Bautista or in English, Cathedral of San Juan Bautista, is the Roman Catholic cathedral of the Archdiocese of San Juan de Puerto Rico.

Pau Casals Museum
Vil la Casals, the house which Pau Casals built in the seaside quarter of Sant Salvador is today the site of the Pau Casals Museum.

Old San Juan
Located within walking distance from the Resort, Old San Juan is the oldest settlement within Puerto Rico and the historic colonial section of the city of San Juan. Shop, eat, explore.

El Yunque National Forest
El Yunque National Forest, formerly known as the Luquillo National Forest and the Caribbean National Forest, is a forest located in northeastern Puerto Rico. It is the only tropical rain forest in the United States National Forest System.

Hotel Facilities

» 24-hour fitness center
» Protected beach
» Water sports complex for kayak and stand up paddle boarding
» One saltwater pool, three freshwater pools, two spa tubs, a water slide
» Bicycle rentals
» Poolside massage
» Steam room
» Sauna
» One lighted tennis court
» Children’s activity center
» 24-hour casino
RESORT DINING OPTIONS

$  $10-$20

Aqua Bar & Grill
The casual outdoor Aqua Bar and Grill offers snacks, lunch fare, and refreshing drinks. Select from grilled specialties, salads and sandwiches. Cool off with a unique cocktail or refreshing specialty drink, such as the traditional Mojito, from the Aqua Bar. Located near the pool areas and beach.
Aqua Bar Grill is open Monday - Thursday from 11am - 6pm, Friday - Saturday 9am - 7pm and Sunday 9am - 6pm. Breakfast is served all day

$$  $20-$30

Café Caribe
Family style service, classic pasta dishes, pizzas, and an extensive selection of gelatos and desserts make this casual restaurant an ideal choice for lunch or dinner. At the end of the meal, indulge in sweet and cooling gelato. This inviting restaurant offers dramatic views of the Atlantic Ocean.

Denny’s
Denny’s, full-service family restaurant serving classic American food and every day value for breakfast, lunch and dinner with the classic menu you know and love and is Always Open. Full Bar available from 11am to 1am.

$$$$  Above $30 per person

Eight Noodle Bar
If you find yourself elbow deep in a bowl of noodles after your night out in Puerto Rico, we promise you won’t be alone! Eight Noodle Bar offers innovative Asian cuisine in a casual setting. Have a seat at the sushi bar and watch the expert chef create your meal. Savor a traditional or modern Chinese or Japanese specialty. Located on the second floor, this restaurant is perfect for a late night snack or dinner. Select a freshly prepared meal to enjoy in your room.
Monday – Thursday: 12:00 noon to 11:00 pm
Friday: Noon to 2:00 am
Saturday: 4:00 pm to 2:00 am
Sunday: 4:00 pm to 12 midnight

Eternal Bar
Offering great views and a modern vibe.

Moon Bar
The bar opens every day at 12pm sharp.

Pikayo
Under the helm of acclaimed Puerto Rican Chef Wilo Benet, our flagship restaurant has been enticing diners for over two decades, not to mention critics from The New York Times, Conde Nast Traveler and Gourmet Magazine. A rich showcase of re-imagined Eastern European and African classics, a few cherished Puerto Rico favorites and a splash of fusion cuisine from around the globe, the menu is ambitious and inspired, yet every dish delivers.
Sunday- Thursday 6:30pm-10pm
Friday & Saturday 6:30pm-10:30pm

Starbucks
Offering expertly brewed coffee and treats to satisfy your sweet tooth.

Viaggi Grab’n’Go
A wide variety of grab and go items for your convenience.