Predictive Biomarkers: Implementing the New Standard in Evidence-based Personalized Medicine with Russell Jaffe, BS, MD, PhD

ACAM invites you to attend this new and exciting workshop with Dr. Russell Jaffe. By the end of this optional non-CME workshop, attendees will:

1) Know what predictive biomarkers are and how to use them in practice;
2) Understand the difference between standard tests and functional predictive tests, identifying associated epigenetic risks;
3) Know what meaningful (least risk-most gain) goal values to look for rather than normal lab values;
4) Understand the connection between the biomarker tests and the clinical principles relating to autoimmune, chronic, degenerative and inflammatory conditions;
5) Learn how the 8 predictive biomarkers discussed relate to other currently used markers and why choosing the right kind can improve quality of clinical care; and
6) Be able to provide more personalized care, improve clinical outcome in patients and increase practice success.

FULL DAY PRE-CONFERENCE WORKSHOP SCHEDULE

8:00am-9:15am  Introductions/Welcome from Dr. Jaffe; Review of What Will be Covered:
- Predictive Biomarkers: What Constitutes a Predictive Biomarker?
- Introduction to the 8 Biomarkers and Why They are Used
- Predictive Goal Value vs Usual “Normal” Ranges
- When Should Biomarkers be Used in Practice?

9:15am-10:00am  Morning Break

10:00am-12:30pm  Immune System, Inflammation & DNA Oxidative Stress - Tests and Treatment Protocols to Reach Predictive Goal Value
- LRA, hsCRP, 8-OHdG, First AM urine pH

12:30pm-1:45pm  Lunch on own

1:45pm-3:45pm  Homocysteine - Including Review of Preliminary Findings on hsHomocysteine
- HbA1c, Vitamin D3, Omega 3 index

3:45pm-4:30pm  Afternoon Break

4:30pm-5:00pm  Question & Answer Session | Wrap Up

Thursday, November 12, 2015   8:00am-5:00pm
$425 ACAM Member  |  $625 Non Member

Workshop registration must be accompanied with Conference registration: for more information on conference registration pricing, visit www.acam.org/register