

AIRWAY SUMMIT '17

San Juan, Puerto Rico Sept. 13-16



AAPMD
AMERICAN ACADEMY OF PHYSIOLOGICAL
MEDICINE & DENTISTRY



ACAM
AMERICAN COLLEGE FOR
ADVANCEMENT IN MEDICINE

THE CONDADO PLAZA HILTON

PRE-CONFERENCE WORKSHOP

Date: September 13, 2017

Time: 8AM - 5PM

Cost: \$395

CE Credits: 7

A Collaborative Approach to Restoration of Airway, Posture and Breathing

Posture, Breathing and the structure and function of the airway is intimately related. Postural always compensates to maintain the most open airway even if it is a head forward, shoulder slumped, curved back and painful position. Restoring airway function though dental orthopedic repositioning solves only part of the problem. A functional physical therapy approach addresses another part. A more optimal result can be obtained with a collaborative approach where both the dentist and physician are aware of and can screen for structure dysfunction and the physical therapist can screen for structure and functional abnormalities in the cranio-mandibular complex. The faculty for this workshop is composed of recognized physical therapy thought leaders who work with and teach a multidisciplinary approach.

This workshop will benefit all airway healthcare practitioners and will focus on co-recognition, co-diagnosis and co-treatment.

Part 1: A Team Approach to the Management of TMJ and Airway Insufficiency

Part 2: Cervical Spine and Occlusion Influences on Prevalent Cranial and Mandibular Functional Patterns- A Postural Restoration Institute Overview



Gregory S. Johnson,
PT, FAAOMPT,
FFFMT



Brad Gilden,
PT, DPT, CFMT,
FAAOMPT, FFMT,
CSCS



Ron Hruska, PT,
MPA

Register when you sign up for the AAPMD Annual Meeting at www.aapmd.org/AAPMD2017

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Gregory S. Johnson, PT, FAAOMPT, FFFMT

1971 graduate from the University of Southern California and completed a one year residency at Kaiser Vallejo under Maggie Knott. He remained as senior faculty for six years. Mr. Johnson development the first Soft Tissue Mobilization course for P.T.'s in 1980. He has also developed courses in Functional Mobilization and Resistance Enhanced Manipulation™. He is the co-founder of the Institute of Physical Art and the Functional Manual Therapy approach. He is Director of an credentialed AAOMPT Fellowship program and has published multiple chapters and articles on STM, PNF, and Functional Manual Therapy (FTM). He is currently involved in several research projects on FMT.

Brad Gilden, PT, DPT, CFMT, FAAOMPT, FFMT, CSCS

Dr. Brad Gilden has been practicing orthopedic and sports physical therapy since graduating from New York Medical College in 2000. He has worked in a variety of settings treating patients with various neurological, orthopedic, airway, TMJD and sports injuries. In 2004, he completed a clinical doctorate in upper quarter & hand therapy from Drexel University. He joined Elite Health Services in 2005 and co-founded IPA MANHATTAN Physical Therapy in 2011.

Ron Hruska, PT, MPA

Ron Hruska, MPA, PT, has a strong interest in myokinematic and biomechanical influences on postural and peripheral adaptation patterns. His 32 years of clinical experience assists him with direct patient interventions based on specific examination and evaluation data that best reflects neuromechanical stability, trunk symmetry and respiratory balance. He lectures extensively and consults regularly with physicians, physical therapists, optometrists, dentists, and other health care providers across the United States and internationally on patterned postural position and pathology and his approach of restoring symmetrical balance using PRI principles. His reputation has led to consultations with collegiate and professional athletes from a variety of arenas, states and countries. He is a graduate of the University of Nebraska Medical Center, Division of Physical Therapy. He currently is a member of the American Physical Therapy Association. Ron serves as a Biomechanical Consultant to the University of Nebraska-Lincoln through the Division of Athletic Medicine. He has patented Prism and Piori PRI Aquatic systems. He is co-founder of PRI Vision, LLC. He is Director of the Postural Restoration Institute® and consults and practices at the Hruska Clinic, Restorative Physical Therapy Services, and PRI Vision Clinic in Lincoln, Nebraska.

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